

# LUXURY SPA





## THE SPA AT PGA NATIONAL

Topping off of our A-list is the luxurious The Spa at PGA National, offering all of the exclusive amenities of a world-class destination spa right in our own backyard of Palm Beach Gardens. Situated on-premise at the prestigious PGA National Resort & Spa, this soothing 42,000 square foot spa sanctuary provides the ultimate escape for luxury pampering, therapeutic massage, spa rejuvenation and relaxation.

A visit to The Spa at PGA National offers a world of enjoyment with impeccable service that will truly melt your stress away. Long heralded as the popular spa hideaway of choice with golf pros to political greats, baby boomers to brides and arriving snowbirds, The Spa at PGA National provides an impressive 56 treatment areas and an exclusive "Waters of the World" collection of outdoor mineral pools that gives contemporary expression to the ancient spa tradition of "sanitas per aqua," or health via water.

This is definitely the spa to visit if you are a genuine spa buff that appreciates variety and exceptional therapies with your spa visits. Offering more than 100 lavish body and skin care therapies, each trip can be a unique experience onto its own. Try the Watsu massage, (50 minutes \$115) which utilizes a muscle re-education approach and involves mobilization of joints and soft tissue while creating a profound relaxation as the guest is continuously supported while being floated and gently stretched in warm mineral pools.

Revitalize your look with a skin-rewarding Sonia Dakar Facial or gain a new level of calm with a Neuromuscular Therapy Massage (75 minutes \$175), a localized massage that relaxes soft tissues and tense muscles, releases entrapped nerves and restores the body's natural flow of energy.

Top things off with a Star Fruit Sugar Glow, a unique treatment that begins with a sweet sugar scrub to exfoliate dead skin cells, followed by light massage with tropical oil, followed by an application of body butter to help nourish and tone the skin. (50 minutes \$125)

Men will surely enjoy the Golfer's Recovery Facial, an exclusive treatment for the male golfer that provides powerful anti-oxidants to strengthen and revitalize skin damaged by sun, wind, pollution and stress. (50 minutes \$125).

Largely popular with brides-to-be are Girl's Night Out spa party packages and Eyelash Extensions, applied one lash at a time to your natural eyelashes for a comfortable, natural look and feel that truly makes a huge impression (\$125 per hour) for your special day.

Guests can visit, shop or tour The Spa at PGA National online at [www.thespaatpganational.com](http://www.thespaatpganational.com) or may call 561-627-3111 to schedule a spa reservation.