



SPA

PGA NATIONAL RESORT

Menu

Reservations

800.843.7725

Reservations@pgaresort.com

pgaresort.com

Escape

PGA Signature Massage

The Ultimate pampering experience! This service includes a customized pressure massage, hydrating facial sheet mask and a signature apricot foot & leg scrub.

Table Thai Massage

Compression and passive stretching techniques align and restore your natural energy flow. Wear comfortable, loose-fitting clothing.

Lomi Lomi Massage

Based on Hawaiian healing techniques, this rhythmic, fluid massage is a deeply relaxing treatment, enhanced with exotic oils.

Honey Almond Body Polish

Indulge the body with pure honey, almond meal and oatmeal. This exfoliating body scrub sloughs off dead skin cells, leaving the skin smoother, hydrated and refreshed.

Pro- Collagen Lifting & Firming Facial

Boost Collagen, Lift, and Firm. This luxurious facial includes a papaya enzyme peel to gently remove dead surface skin cells along with mango butter and marine botanicals to plump, hydrate, and soften fine lines and wrinkles.

A la carte 225 | 50 Minutes / 290 | 80 Minutes

Escape Massage & Facial Combo 405 | 2 Hours / 460 | 2.5 Hours

Escape Massage, Body Scrub & Facial Combo 595 | 3 Hours

For your convenience a 20% service charge will be applied. Additional gratuities are at guest discretion

Breathe

Tropical Essence Massage

An exquisite relaxing massage and a curated selection of native South Florida infusions create an immersive relaxation experience. Choose from organic Coconut Lime, Guava, Mango or Moringa.

Essential Aromatic Massage

A healing fragrant massage customized with pure essential oils. Choose from Lavender (Relaxation), Peppermint (Headaches), Lemongrass (Clarity), Eucalyptus (Respiration)

Tropical Body Polish

Customize your experience with this refreshing body scrub. Select from native South Florida infusions creating an immersive experience. Dry body brushing encourages lymphatic flow, sugar scrubs exfoliate dry, dull skin, and you are left feeling silky smooth, and rejuvenated.

24K Gold Floral Facial

The exceptional power of 24k Gold is combined with two anti-aging flowers to rejuvenate the skin. Our Golden Peel exfoliates dead skin then the senses are awakened as the fragrances of fresh florals illuminate the skin.

Orange Blossom Refining Facial

This miracle facial includes a glycolic and salicylic peel to exfoliate dead surface skin cells gently. Seaweeds, natural peptides, orange blossom and other citrus acids treat sun damage, acne scars, and dark spots.

A la carte 225 | 50 Minutes / 290 | 80 Minutes

Breathe Massage & Facial Combo 405 | 2 Hours / 460 | 2.5 Hours

Breathe Massage, Body Scrub & Facial Combo 595 | 3 Hours

Heal

Golfer's CBD Massage

This sports massage focuses on loosening stiff hips and shoulders to improve your golf swing. Acupressure, broad-spectrum CBD, and stretching relax enhance flexibility and range of motion.

Lymphatic Drainage Massage

Light-touch treatment of targeted areas to enhance lymphatic flow. It aids with detoxification and reduces water retention.

Neuromuscular Massage

Localized massage relaxes soft tissues and tense muscles, releasing entrapped nerves. Especially helpful for chronic pain issues.

Soothing Silver Seaweed Facial

This calming and soothing facial combines seaweeds, marine peptides and micro silvers to calm irritated, inflamed and sensitized skin. Excellent for Expecting Mother's and Oncology Patients.

Bio-Organic Balancing Facial

All natural skin care that's dedicated to preserving your skin and the sea. This exquisite treatment leaves the face and eye contour area glowing and moisturized.

A la carte 225 | 50 Minutes / 290 | 80 Minutes

Heal Massage & Facial Combo 405 | 2 Hours / 460 | 2.5 Hours

For your convenience a 20% service charge will be applied. Additional gratuities are at guest discretion

Rejuvenate

Facial of Champions

Layers of fresh seaweeds plump, nourish and hydrate the skin. Glycolic Peel and LED therapy brighten the skin. Anti-aging hand treatment and foot and leg scrubs are performed. An eye treatment firms while scalp, neck & shoulder massages are performed

HydraFacial

This non-invasive, resurfacing facial uses a combination of peptides, Vitamin C and light therapy to combat signs of aging. The treatment is enhanced with boosters to address your specific concerns.

Choose from Brightening, Anti-Aging or Clarifying.

Cryotherapy Slimming Wrap

Experience the detoxifying effects of layers of chilled seaweed. This slimming treatment helps alleviate water retention while soothing tired, achy muscles. Not only is this an ideal cellulite treatment, but it's the perfect recovery treatment for athletes.

Warm Seaweed Body Wrap

Dry brushing exfoliates dead surface skin cells and encourages lymphatic flow. A warm seaweed "cocoon" treatment leaves you slimmer, beautifully relaxed, and visibly purified.

Nourishing Basalt Stone Body Contour

Dry brushing exfoliates dead surface skin cells. A seaweed facial mask hydrates the face, while massage with warm basalt stones allow deep penetration of body contouring cream.

The skin is left skin silky smooth and toned.

A la carte 295 | 50 Minutes / 450 | 80 Minutes
Rejuvenate Wrap & Facial Combo 625 | 2.5 Hours

Special Occasions

Sacred Couples Massage

Couples can retreat from daily worries and experience the therapeutic power of touch with an exclusive treatment that simultaneously offers healing and bonding.

415 | 50 minutes / 545 | 80 Minutes

Expecting Mother's Massage

This nurturing prenatal massage gives special attention to the Mother's comfort at various stages of pregnancy. Massage techniques, organic oil, and supportive pillows will help you relax and care for yourself and your baby. Offered in the last two trimesters of pregnancy.

225 | 50 minutes

Expecting Mother's Facial

This nurturing prenatal facial is customized to the Mother's skin at various stages of pregnancy. Luxurious seaweed-based products address hormonal imbalances leaving skin with a natural glow.

225 | 50 minutes

Packages

Mr. & Mrs. Package

Couples Massage, Couples Mani/ Pedi, and Bubbly for two.

590 | 50 Minutes / 800 | 80 Minutes

Expecting Mothers

Expecting Mother's Massage, Expecting Mother's Facial and Signature

Apricot Mani/Pedi

455 | 3 Hours

Spa Retreat Package

Tropical Escape Massage, 24K Floral Facial, Tropical Mani/Pedi

455 | 3 Hours

For your convenience a 20% service charge will be applied. Additional gratuities are at guest discretion

SALON

NAILS

Signature Fresh Apricot Mani/Pedi

80 Minutes | 125

Classic Spa Manicure

25 Minutes | 50

Classic Spa Pedicure

50 Minutes | 85

Tropical Oasis Manicure

25 Minutes | 50

Tropical Oasis Pedicure

50 Minutes | 85

Sports Cooling Pedicure

50 Min | 85

Golfer's CBD Pedicure

50 Mins | 115

Nail Service Enhancements | 20 each

Gel

French

Paraffin Treatment

HAIR

Hair Cut | 75

Cut & Style | 145+

Shampoo & Style | 85+

-

Hair Color

Glaze | 85

Color | 100 +

Color & Glaze | 145 +

Color & Style | 225 +

Root Touch-Up & Style | 165

-

Highlights

Partial Highlight | 150

Partial Highlighting & Style | 235

Full Highlight | 225

Full Highlight & Style | 310

Face Frame Highlight 55+



GROOM GUY

HAIRCUT

Our signature service offers a variety of classic styles including short and long scissor cuts, as well as styling and traditional tight clipper cuts. Desire a new look? Consultations provided with recommendations by our stylists. Completed with a neck shave.

45 MIN | 55

TRIM

Whether your sides need to be retouched or the neck hairs have to be tamed, this service can be a quick fix.

30 MIN | 35

BEARD TRIM

From stubble to a full facial, this beard experience is ideal for the seasoned veterans or rookies looking to get started on the bearded journey. Treating the face with a lineup of premium nutrient-filled products to heal & hydrate the skin. Completed with a neck shave.

35 MIN | 40

SHAVE

Crafted from the timeless tradition, our straight razor shaves are a full proof system to optimize your shaving routine. We exercise a relaxing & stress free experience. The shaving process is completed by hydrating the face and applying a cold towel to seal the pores, leaving skin feeling cool and refreshed courtesy of The Art of Shaving.

45 MIN | 50

THE TRIPLE CROWN

Receive the popular lineup of services and feel like a champ. This grooming package includes Haircut, Shave, Opti-lift eye treatment. This firming eye treatment with Seaweed, Ginki Biloba and Peptides combat the visible appearance of dark circles, puffiness and wrinkles.

90 MIN | 145

This purchase includes a complimentary cocktail at the Spa Café

SPA ETIQUETTE

Requirements

Guests 16-18 years old are welcome for services in the salon area.

Spa treatments are available for guests ages 18 and over.

Locker rooms and Waters of the World are only for adults 18+ years old.

Spa Environment

To create a serene place of comfort for all our guests, we request that all spaces be smoking & cell phone free.

Reservations & Cancellations

Reservations are guaranteed via credit card. Please allow 24 hour notice for cancellation or rescheduling to avoid a 50% charge.

For changes or cancellations, you may contact us at 800.843.7725 or SPA@PGARESORT.COM

Arrival

We suggest arriving 30 minutes prior to your scheduled appointment to allow time for check in and preparation for your service. We recommend utilization of the spa amenities before or after your treatment. A late arrival will limit the length of your treatment in consideration to the following guest appointments.

Service Charge

A service charge of 20% will be added to each service.

If you have received exceptional service, we invite additional gratuity at your discretion.

Gift Cards

Give the gift of tranquility. Spa gift cards make it easy to present your loved ones with an experience they can truly treasure. Gift Cards may be purchased in person or on our website at pgaresort.com/spa